



# SummerPod

access GCSEPod

## Tips From Your Fellow Students

We asked your fellow students what helps them to revise for their exams. Here's what they said:

1

### Pace Yourself

Try not to revise everything at once. Give your mind time to take in what it is you are revising.

2

### Set Goals

Whether you set yourself a time goal or an amount of work to complete, it is important to challenge yourself.

3

### Organise Workloads

Organise your time properly by creating a timetable of subjects to revise. Don't forget to include suitable breaks.

4

### Use Summary Pods

For short bursts of revision, the Summary pods are a great way to help you remember the key pieces of information.

5

### No Late Nights

Don't start revision late at night. Make sure you have a good sleep of between 7-9 hours every night, helping you to have a relaxed and well-rested mind and body.

6

### Listen to Music

Calming music can help you to de-stress or focus when you're stressed.

7

### Test Yourself

By testing yourself with questions, you are making sure you fully understand what it is you are revising.

8

### No Distractors

Revise in a quiet place where there is nothing to distract you.

9

### Reward Systems

Reward yourself after revision to keep you motivated.

10

### Create a Homework Corner

Set up a comfortable place at home where you can relax and revise at the same time.

11

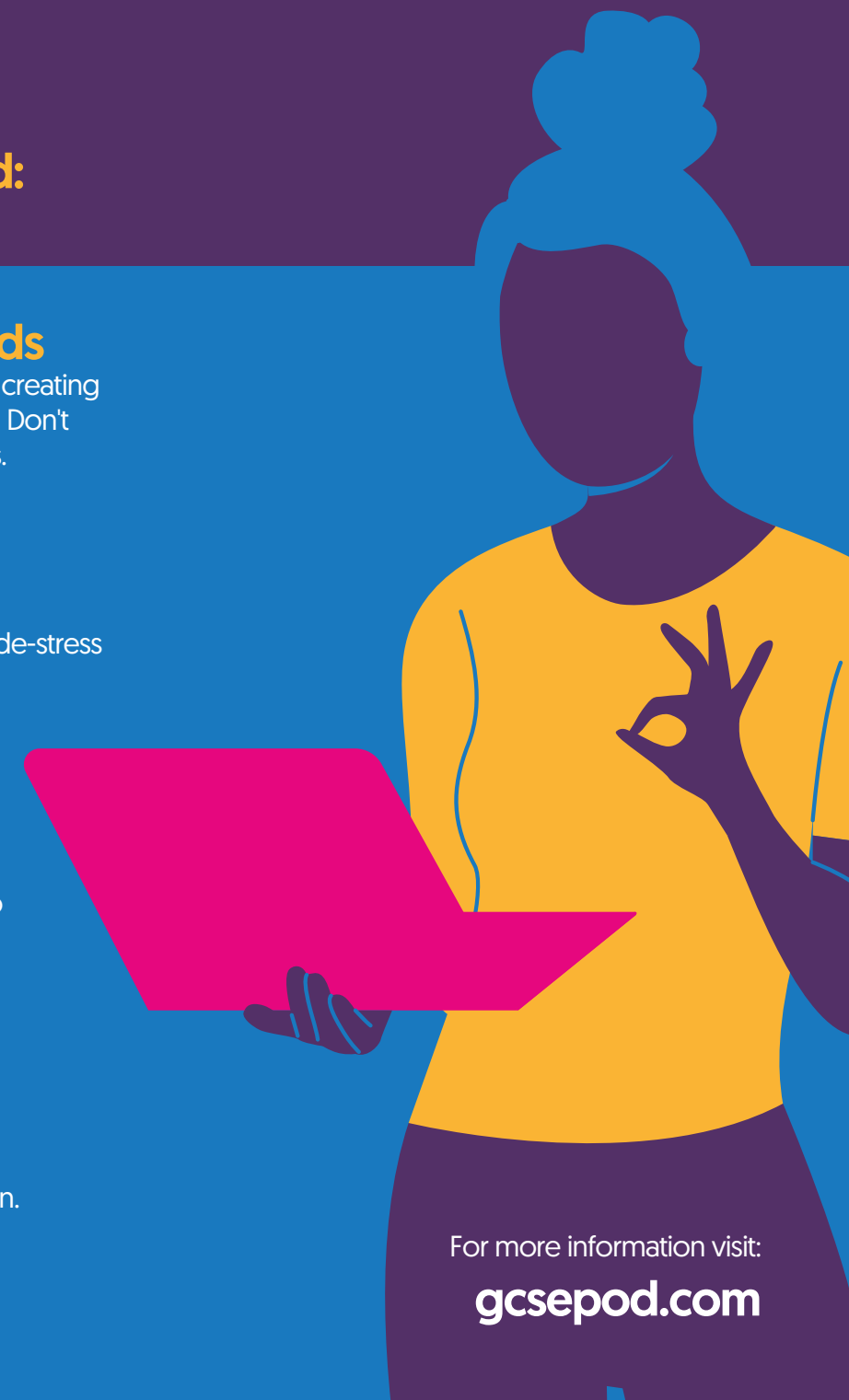
### Don't Leave it Until the Last Minute

Leaving revision until the last minute will add unnecessary stress to your workload. Start sooner rather than later.

12

### Use Colours

Highlight key points which you need to stand out during revision.



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